



Beauchamp
Foot Care



Symptoms of
**Toenail
Fungus**



Toenail fungus symptoms:

If your toenails look like these on the right, chances are you have toenail fungus, or onychomycosis as the medical community calls it. But perhaps your toenails aren't quite so bad, and you are wondering if you have toenail fungus or if it is possibly something else. Although the final word

will always need to come from your podiatrist, here are some pointers. Toenail fungus symptoms can range from mild to severe and include the following:



Examples of toenail fungus symptoms:

- Foul-smelling toenails.
- Discoloured toenails: or nail colouring such as yellow, or black toenails
- The skin next to the nail may become inflamed or scaly.
- In a less common variety of toenail fungus, called white superficial onychomycosis, the nail turns white rather than yellow or brown and the nail surface becomes soft, dry and powdery.
- Change in your toenail's texture or lack of growth
- Thickening and yellowing of the toenail
- Chalky, brittle or crumbly, fragile toenails
- In severe cases, the nail may actually fall off.
- Discomfort, making it difficult to walk, work or engage in other activities.

Remember, toenail fungus won't go away on its own...

It is important to know that toenail fungus is not one of those things that goes away on its own. Sometimes the progression is slow, and sometimes faster depending on the condition of your feet, but some kind of intervention will be needed if you want to get back to nice looking toenails again. When you are ready to treat your toenails, consider laser treatment. It is safe and effective.



For more information on toenail fungus symptoms visit:
www.beauchampfootcare.com

Ready to learn more about treatment options?

FREE GUIDE:



How to treat toenail fungus

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